Stations of the Cross

Retreat

Compiled by Karen Block
from:
http://www.creighton.edu/CollaborativeMinistry/stations.html

Suggested Schedule:

9:00 - 9:45  Introductions, options, worship
9:45 - 1:00  Time alone with God
            - Be still
            - “Do” the stations of the cross
            - Find one station and stay with it
            - Contemplative collage

1:00 - 1:40  Silent LUNCH

1:40 - 2:00  Finish up, reflect on your collage if you made one, decide on what you’d like/need to share

2:00 - 2:45  Sharing

2:45 - 3:00  Closing prayers